

## BEWARE HIDDEN OBJECTIVES AT MEETINGS

I'm here to impress

I'm here to discredit a rival

I'm here to show superiority

I'm here to work out a frustration

I've got a problem

I'm here to gain promotion

I'm here to build an empire

I'm here to make life difficult for others

I'm here to defend territory

I'm here to make life easier by delegating

I'm here to ride a hobbyhorse

## BEWARE TACTICS TO DISRUPT MEETINGS

Lack of attention – e.g. making diary notes/marking

Passing notes to others

Late arrival

Talk without meaning to every item

Sit in total silence

Yawning, sighing etc

Distracting with a pet notion that is irrelevant

Undermine chair

Cut in when others are speaking

Whisper with a neighbour